

with the same amount of enthusiasm as the first time. When she had to have an arm cast removed, she said, "I'll tell that doctor what he can do with this cast." I sometimes wonder if folks with addled minds are not in a better space than we are. Life is simple and they seem happy.

Another patient, Eva, is of sound mind with many health issue. I walk her dog, prepare her breakfast but mainly we just talk. (She talks, I listen). Eva had rough life working as a registered nurse and caring for a disabled child and had an unfortunate marriage. She doesn't expect any response, she just needs someone to listen.. She is a wise woman and I have learned a lot from her.

I am enjoying these wonderful people and I'm so glad that I am able to help them stay in their own homes for a while longer. I feel like I am the custodian of a fading light and I am grateful that I can share with them their still glimmering remaining years. I am where I need to be.

Lynne Case, President

Crimson Belles >>> March 17 & April 21st

The Crimson Belles are looking for more fun loving ladies to join their group! Please call us if you're interested.

The Red Hats are going to Beef "O" Brady's in Springdale. The bus will leave Green Township Center at noon. Then on April 21st we will take a tour of Jungle Jim's, which always has many samples. Lunch at Jersey Mikes. No bus provided.

Come with ideas for activities and always call with your reservation or cancellation to Carolyn Russo, 389-1011. Remember, wear your purple and red to support your club.

Queen Mary, 378-7085

Trips >>> Horseshoe, Robinson Family Jamboree & Springgrove Cemetery

March 18, 2015: Horseshoe Casino: \$15 Free Slot Play. Seniors receive \$5 off the cost of the buffet and the cost of the trip is only \$20. Bus leaves center at 9:00AM.

April 8, 2015: Robinson Family Jamboree. A delicious lunch followed by an afternoon of entertainment. Cost \$65. Bus leaves center at 10:15AM. Price includes lunch, bus and entertainment.

May 14, 2015: Spring Grove Cemetery. Lunch and the afternoon activity for the trip have not been finalized yet. Bus leaves center at 9:30AM.

I'll have fliers at the center for these trips. Phone Pat for information and reservations.



Pat Mayer, 741-3058



Sunshine report

During December, get-well cards were sent to Peggy Kispert, Richard Meier, Sally Wisenberger, and Don Rudler.

During January, a sympathy card was sent to Robert and Ruth Bigner on the passing of their grandson.

At the beginning of February, a sympathy card was sent to the family of Joe Boeing.

Please continue to keep me informed.

MARCIE RITTER, 741-3389

Saturday Night Dance >>> March 14 & April 11

Greetings to one & all! Hope everyone is staying warm. Good news, warm weather is right around the corner.

March 14th we will be celebrating St. Patrick's Day with Stagebrush. Expect a few polkas.

As mentioned last newsletter, Jim and Peggy our dance instructors will be here from 6P—7P teaching various dances. During the March Dance, the focus will be on the Polka (Donations Appreciated).

April 11th will be our Spring Sadie

Hawkins Dance. One of our favorites, Bob Hudson and the Country Kings will provide a lively evening. Singles be prepared, a few line dances are to be expected. Ladies this is your night.

Admission is \$6 for members and \$7 for non-members. Includes drinks, snacks, and door prizes. Doors open at 6PM for lessons and the dance goes from 7P—10:30P. Split the pot is extra.

See Y'All there.

NANCY THINNES, 404-5213



Anniversaries

Anniversary Congratulations to

Bill & Marian Bleh, 64 years on 4/4/2015.

Roy & Phyllis Schaefer, 60 years on 4/16/2015.

If you are a member of the GT Seniors and are celebrating a Wedding Anniversary of 50 or more years, we would like to recognize you in the Telescope.

Please submit a note containing your names, the date of your anniversary and the number of years you are celebrating. This information must be submitted by the Telescope deadline.

May & June Day Trips

Tuesday, May 12, 2015: Kings of Silent Comedy with the Mighty Wurlitzer. Join us for a fun-filled, laugh-out-loud good time with the 'Kings of Silent Film Comedy' – Charlie Chaplin, Buster Keaton, and Laurel & Hardy – on the BIG SCREEN at Music Hall's historic Ballroom. Cost \$20. Bus will pick up at the center at 9:30AM. Payment due by April 3rd.

Wednesday, June 10, 2015: Reds Game. Cost \$22. Transportation through CASS. Pick up at the Senior Center at 11:30AM.

ALLISON DETZEL, 385-3780

Wednesday Night Dinners >>> March 25 & April 22

Everyone enjoyed the January dinner with music by Wagner and Judy. People danced and sang along with them. Dancing is always encouraged. March 25th's dinner brings us the first hint of Spring and St. Patrick's Day. So, wear your green and be prepared to be entertained by Meredith Oesting. In the past we've enjoyed Meredith's show. She plays the Hammered Dulcimer and will entertain us with Celtic, folk, gospel and bluegrass music. We will dine on Old fashioned Beef Stew with Rice, Corn Bread, Salad and Dessert.

Chef Henry will prepare Baked Ham, Potatoes A Gratin, Green Beans, Salad and Dessert for our dining pleasure on April 22nd. Brian Deyo and Katja Loeb will perform a wide variety of popular music from as early as the 1930's to as recent as last week. Sing-alongs are welcome, as are requests and good clean jokes.

CAROL YODER, 385-7227

Members: \$9 *Non-Members: \$10 Tickets are sold in the office. Must purchase by the Friday before the dinner.

Singles Group >>> March 6 & April 3

March 6 and April 3 (Friday): Planning Meetings are the 1st Friday of every month. New members always welcome! 1PM—2:30PM.

March 4 (Wednesday): Taft Museum, “Wild West to Gilded Age: American Treasures.” Bus leaves Green Township at 10:30A, Bus will pick up from museum at 2:30P. Cost \$8 + cost of lunch. Sheila: 598-9339.

March 4 (Wednesday): Free Live Country Music. Whitewater Community Center (6125 Dryfork

Road, Harrison). Doors open at 6PM. Arrive early for choice seating. Music starts at 7:00PM.

March 10 (Tuesday): Lunch, Wedge Inn at Noon. 7905 Colerain Ave (Across from Arby’s). RSVP by March 6.

March 22 (Sunday): Elder High School Steel Drum Band at Westwood First Presbyterian Church. Meet there. Concert starts at 3:00PM.

March 24 & April 28(Tuesday): Game Day at GTSC. Bring your favorite game and join others. 1:00P—3:00P.

April 1 (Wednesday): Free Live Country Music. Whitewater Community Center 7:00PM.

April 8 (Wednesday): Lunch, Nick & Tom’s at Noon. Bridge-town Road. RSVP by April 3.

April 26 (Sunday): Westwood First Chancel Choir. Westwood First Presbyterian Church. Meet there. Concert starts at 3:00PM.

Watch Bulletin Board for Additional events. TO RSVP or for information phone:

DIANNE BRONNERT, 245-2990

Photography Club>>> March 11 & April 8

Please join us the second Wednesday of March and April at 10AM for the Photography Club. New members are always welcome! Each month we will look into a different aspect of photography. We meet from 10AM—12PM. The next two months we’ll be meeting at different locations to take pictures.

March: Farbach Werner: Landscape photo session

April: Spring Grove Cemetery: Photo Calendar Entries of Spring Grove

MARY KEELY, 520-2179

Brown Bag Lunch >>>

Pack your lunch and meet at the Green Township Senior Center at 11:00AM. The bus will leave from Green Township and take you to the Museum Center for the program. A sign up sheet will be hanging on the office door 30 days prior to the event. Space is limited to 18 on the bus, so sign up early. Upcoming Topics:

March 16, 2015

Entertainment & Recreation in Early Cincinnati

April 20, 2015

Cincinnati’s Jewish Heritage

Supper Club >>> March 19 & April 16

Trying a new restaurant is always more fun with a group of friends.

Please join us March 19 at Henke’s Winery (Westwood), 3077 Harrison Ave. On April 16th, will have a fiesta at Cancun Mexican Grille, 5034 Glenway Crossing (behind Panera on Glenway).

We meet at 5PM at the Restaurant. Phone Jean or Bob to let us know you’re coming.

JEAN JOHNSON, 741-8111

BOB STOECKLE, 941-4790

Chair Volleyball>>>

Our 2015 season is in full swing. Our first game will be on Monday, March 30th. Come watch us play against Whitewater and have fun! We practice every Monday 10AM—11:30AM, except the 1st Monday of each month (Meeting Day) or holidays. We play and host teams from all around the city.

CAROLYN SMITH, 941-3093

MAGGIE HALL, 923-3167

Green Township Community Day>>>

Second Annual Green Twp Community Day, Saturday, June 13, 2015 from 10am to 3pm at Veterans' Park, 6231 Harrison Ave, Cincinnati, OH. Featured activities include —Dog/children's fun walk, concluding with FREE ice cream for all! That's at 10am! Followed by various contests for kids and adults, a celebrity softball game, a "golf ball drop" fundraiser, plus a new event, a corn hole tournament. FREE Hamburgers & ice cold bottled water for everyone! Website: www.gtcd.org

Zumba Gold>>>

Zumba is an international fitness program, a combination of dance and exercise with a Latin influence. Zumba Gold is easily choreographed movements that focus on range of motion, geared toward senior citizens or Zumba beginners. It can be done standing or in a chair.

Unlike a gym trainer, that shows you the treadmill and walks away, Deb, the instructor is right there for you. In addition to the great cardio workout, something else is happening everyone is smiling and happy. The 45 minutes of exercise produces endorphins, which lower stress and depression. Really!! One of our members, Carolyn, says, "Zumba Gold is all about moving! Between the music and Deb's motivation, it keeps me moving which I probably would have stopped doing a year ago."

Imagine a wonderful group of happy, fit people, every Wednesday from 1:30—2:15PM. Come join the party!

Kroger Community Rewards >>> It's time to re-register!

Just a reminder that if you shop at Kroger's you can provide the GT Seniors with some extra funds and it won't cost you a penny. Please make sure your Rewards card is registered to Community Partner #83434 and we will get a small percentage of your purchases. If you already have registered your card, Thank You! Please renew your registration online. You can sign up online or stop by Allison's office at the Senior Center and she can help you sign up.

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MARCH 2015

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SAT/SUN |
|---|--|--|---|--|---|
| 2 11:45A FREE LUNCH BURLINGTON HOUSE 1:00P MEMBERSHIP MEETING 3pm CHOIR | 3 9:30A QUILTING NO EXERCISE 11:30A CERAMICS 12:30P EUCHRE 1:00P LINE DANCING 1:00P BILLIARDS | 4 9:00A ART 10:00A KNIT 12:00P PINOCHLE 12:00P LUNCH 1:30P ZUMBA GOLD 1:00P CARVING | 5 NO EXERCISE 12:15P BRIDGE 12:00P POKER 1:00 P MAHJONG | 6 9:00A CHAIR YOGA 10:00A TOPS 11:15A ARTHRITIS 12:00P LUNCH 12:00P PINOCHLE 12:30P NOTARY | 7/8 |
| | 12PM CORNHOLE | TAFT: 10:30A | | 1:00P SINGLES | |
| 9 9:00A HIKING 10A: SHANGHAI RUM 10:00A CVB 10:00A CORNHOLE 12P LUNCH 12P PINOCHLE 1:00P BINGO 12:30PM 500 3:00PM: CHOIR | 10 9:30A QUILTING 10:00A EXERCISE 11:30A CERAMICS 12:30P EUCHRE 1:00P LINE DANCING 1:00P BILLIARDS | 11 9:00A ART 10:00A KNIT 12:00P PINOCHLE 12:00P LUNCH 1:30P ZUMBA GOLD 1:00P CARVING | 12 10:00A EXERCISE 12:15P BRIDGE 12:00P POKER 1:00 P MAHJONG | 13 9:00A CHAIR YOGA 10:00A TOPS 11:15A ARTHRITIS 12:00P LUNCH 12:00P PINOCHLE 12:30P NOTARY | 14/15 SATURDAY 6P – 10:30P DANCE MUSIC BY Stage Brush |
| | SINGLES LUNCH | 10A PHOTO CLUB | | | |
| 16 9:00A HIKING 10A: SHANGHAI RUM 10:00A CVB 10:00A CORNHOLE 12P LUNCH 12P PINOCHLE 1:00P BINGO 12:30PM 500 3:00PM: CHOIR | 17 9:30A QUILTING 10:00A EXERCISE + St. Patty's Party 11:30A CERAMICS 12:30P EUCHRE 1:00P LINE DANCING 1:00P BILLIARDS | 18 9:00A ART 10:00A KNIT 12:00P PINOCHLE 12:00P LUNCH 1:30P ZUMBA GOLD 1:00P CARVING | 19 10:00A EXERCISE 12:15P BRIDGE 12:00P POKER 1:00P MAHJONG | 20 9:00A CHAIR YOGA 10:00A TOPS 11:15A ARTHRITIS 12:00P LUNCH 12:00P PINOCHLE 12:30P NOTARY | 21/22 SUNDAY: ELDER STEEL DRUMS @ WESTWOOD 1 ST PRESBYTERIAN |
| 11A: BROWN BAG | 10A BOOK CLUB 12:30P RED HATS | 9AM CASINO | 5PM: HENKE'S WINERY | | |
| 23 9:00A HIKING 10A: SHANGHAI RUM 10:00A CVB 10:00A CORNHOLE 12P LUNCH 12P PINOCHLE 1:00P BINGO 12:30PM 500 3:00PM: CHOIR | 24 9:30A QUILTING 10:00A EXERCISE 11:30A CERAMICS 12:30P EUCHRE 1:00P LINE DANCING 1:00P BILLIARDS | 25 9:00A ART 10:00A KNIT 12:00P PINOCHLE 12:00P LUNCH 1:30P ZUMBA GOLD 1:00P CARVING 1:00P Wii BOWLING | 26 10:00A EXERCISE 12:15P BRIDGE 12:00P POKER | 27 9:00A CHAIR YOGA 10:00A TOPS 11:15A ARTHRITIS 12:00P LUNCH 12:00P PINOCHLE 12:30P NOTARY | 28/29 |
| | SINGLES GAMES | 6PM: DINNER | | | |
| 30 9:00A HIKING 10A: SHANGHAI RUM 10:00A CVB 10:00A CORNHOLE 12P LUNCH 12P PINOCHLE 1:00P BINGO 12:30PM 500 3:00PM: CHOIR | 31 9:30A QUILTING 10:00A EXERCISE 11:30A CERAMICS 12:30P EUCHRE 1:00P LINE DANCING 1:00P BILLIARDS | | | | |

APRIL 2015

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SAT/SUN |
|--|---|---|--|--|--|
| | | 1 9:00A ART 10:00A KNIT 12:00P PINOCHLE 12:00P LUNCH 1:30P ZUMBA GOLD 1:00P CARVING | 2 10A: EXERCISE 12:15P BRIDGE 12:00P POKER 1:00 P MAHJONG | 3 9:00A CHAIR YOGA 10:00A TOPS 11:15A ARTHRITIS 12:00P LUNCH 12:00P PINOCHLE 12:30P NOTARY 1:00P SINGLES | 4/5 |
| 6 11:45A FREE LUNCH BURLINGTON HOUSE 1:00P MEMBERSHIP MEETING 3:00PM: CHOIR OPENING DAY!! | 7 9:30A QUILTING 10:00A EXERCISE 11:30A CERAMICS 12:30P EUCHRE 1:00P LINE DANCING 1:00P BILLIARDS 12PM CORNHOLE | 8 9:00A ART 10:00A KNIT 12:00P PINOCHLE 12:00P LUNCH 1:30P ZUMBA GOLD 1:00P CARVING SINGLES: NICK & TOMS 10A PHOTO CLUB 10:15A: BUS TRIP | 9 10:00A EXERCISE 12:15P BRIDGE 12:00P POKER 1:00 P MAHJONG | 10 9:00A CHAIR YOGA 10:00A TOPS 11:15A ARTHRITIS 12:00P LUNCH 12:00P PINOCHLE 12:30P NOTARY | 11/12 SATURDAY 6P – 10:30P DANCE MUSIC BY BOB HUDSON & THE COUNTRY KINGS |
| 13 9:00A HIKING 10A: SHANGHAI RUM 10:00A CVB 10:00A CORNHOLE 12P LUNCH 12P PINOCHLE 1:00P BINGO 12:30PM 500 3:00PM: CHOIR | 14 9:30A QUILTING 10:00A EXERCISE + St. Patty's Party 11:30A CERAMICS 12:30P EUCHRE 1:00P LINE DANCING 1:00P BILLIARDS KIWANIS DINNER | 15 9:00A ART 10:00A KNIT 12:00P PINOCHLE 12:00P LUNCH 1:30P ZUMBA GOLD 1:00P CARVING | 16 10:00A EXERCISE 12:15P BRIDGE 12:00P POKER 1:00P MAHJONG 8:15A: TELESCOPE VOLUNTEERS | 17 9:00A CHAIR YOGA 10:00A TOPS 11:15A ARTHRITIS 12:00P LUNCH 12:00P PINOCHLE 12:30P NOTARY | 18/19 |
| 20 9:00A HIKING 10A: SHANGHAI RUM 10:00A CVB 10:00A CORNHOLE 12P LUNCH 12P PINOCHLE 1:00P BINGO 12:30PM 500 3:00PM: CHOIR 11A: BROWN BAG | 21 9:30A QUILTING 10:00A EXERCISE 11:30A CERAMICS 12:30P EUCHRE 1:00P LINE DANCING 1:00P BILLIARDS 10A BOOK CLUB 12:30P RED HATS | 22 9:00A ART 10:00A KNIT 12:00P PINOCHLE 12:00P LUNCH 1:30P ZUMBA GOLD 1:00P CARVING 6PM: DINNER | 23 10:00A EXERCISE 12:15P BRIDGE 12:00P POKER | 24 9:00A CHAIR YOGA 10:00A TOPS 11:15A ARTHRITIS 12:00P LUNCH 12:00P PINOCHLE 12:30P NOTARY | 25/26 SUNDAY: WESTWOOD CHANCEL CHOIR @ WESTWOOD 1 ST PRESBYTERIAN OR BAILEY "THANKS TO COMMUNITY EVENT" AT 3:00PM  |
| 27 9:00A HIKING 10A: SHANGHAI RUM 10:00A CVB 10:00A CORNHOLE 12P LUNCH 12P PINOCHLE 1:00P BINGO 12:30PM 500 3:00PM: CHOIR | 28 9:30A QUILTING 10:00A EXERCISE 11:30A CERAMICS 12:30P EUCHRE 1:00P LINE DANCING 1:00P BILLIARDS SINGLES GAMES | 29 9:00A ART 10:00A KNIT 12:00P PINOCHLE 12:00P LUNCH 1:30P ZUMBA GOLD 1:00P CARVING | 30 10:00A EXERCISE 12:15P BRIDGE 12:00P POKER | Bayley is celebrating 25 Years in 2015 and we invite you to join us for a special concert on Sunday, April 26th 3:00P.M. "Thanks to the Community" will feature Nancy James, Ventriloquist Denny Baker, and Pat Emmett's Big Band at Mount St. Joseph University Theatre. Tickets \$10, Presale or \$15 at the door. | |

Book Club >>>

If you enjoy reading, why not join us on the 3rd Tuesday at 10AM at the Green Township Senior Center. All are welcome.

03/17/2015: The book is So We Read On by Maureen Corrigan.

04/21/2015: The book is The Husband's Secret by Liane Moriarty.

Please contact Leslie at the Monfort Heights branch library at 369-4472 for assistance in locating the book for discussion.

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Group Contacts

Arthritis Exercise: Pat Mayer, 741-3058

Artists: Doris Mooar, 385-4967

Bingo: Pat Mayer, 741-3058

Book Club: Leslie at the Library, 369-4472

Bowling (TH): Bob Stratton, 574-2222

Bowling (F): Paul Pannos, 662-4656

Bridge: Dean Moore, 922-8616

Ceramics: Karen Steigelman, 741-9662

Chair Volleyball: Carolyn Smith, 941-3093

Corn Hole: Jerry Flannery, 319-0578

Euchre: Jean Stegeman, 574-2509

Exercise to Music: Kathie Siebert, 574-9591

Golf: Paul Pannos, 662-4656

Pattern Dancing: Mary Gill, 471-4088

Photography Club: Mary Keely, 520-2179

Pinochle: Don Auberger, 574-9593

Progressive 500: Paul Ramer, 451-2423

Red Hats: Mary Flannery, 378-7085

Saturday Dance: Nancy Thinnes, 404-5213

Singles: Dianne Bronnert, 245-2990

Supper Club: Jean Johnson, 741-8111

TOPS: Pat Mayer, 741-3058

Wednesday Dinner: Carol Yoder, 385-7227

Wood Carvers: Ron Walters, 385-3318

Wii Bowling: Bob Sander, 385-3035

Zumba Gold, Deb Yeager, 205-5064

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Monfort Heights Library >>>

March

Monfort Heights Book Club

Date: 03/05/2015

Start Time: 6:30 PM

We will be discussing *I am Malala* by Malala Yousafzai. Selections available at the library.

Quick Crafts

Date: 03/16/2015

Start Time: 6:00 PM

Learn a new crafting skill and work on a 1 hour project. Registration is required.

Union Terminal

Date: 03/23/2015

Start Time: 6:30 PM

Union Terminal is an Art Deco masterpiece begun just as the 1930s ushered in the Depression. This program will take a closer look at the art and artists of the art deco structure and explore the evolution of this fascinating building. Registration is required.

April

Monfort Heights Book Club

Date: 04/02/2015

Start Time: 6:30 PM

We will be discussing *David and Goliath* by Malcolm Gladwell. Selections available at the library.

The History of Findlay Market

Date: 4/6/2015

Start Time: 6:30 PM

Join us for a presentation on the history of Findlay Market, Findlay Market is an essential institution to life in 21st century Cincinnati, attracting the most socially, economically, racially, and ethnically diverse crowds found anywhere in Cincinnati. Registration Required

Cardmaking with Ink-a-Hoots

Date: 04/16/2015

Start Time: 6:30 PM

Create a special greeting card with Ink-A-Hoots! Space is limited; registration is required.

Quick Crafts

Date: 04/20/2015

Start Time: 6:00 PM

Learn a new crafting skill and work on a 1 hour project. Registration is required.

Movies on the Big Screen >>>

Enjoy Popcorn and Watch a Movie on the Big Screen at 1:00PM.

There will be no movie in March due to AARP tax preparation.

The movie on April 17th will be *St. Vincent*: Single mother Maggie moves into a new home in Brooklyn with her 12-year-old son Oliver. Forced to work long hours, she has no choice but to leave Oliver in the care of their new neighbor, Vincent, a retired curmudgeon with a penchant for alcohol and gambling. (Redbox Description)

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